

Jodi's Oatmeal

(Per serving – multiply per person)

½ cup dry 1-minute oats

½ cup of boiling water

½ sliced banana

1 Tbs currents

1 tsp peanut butter

¼ cup skim or 2 % milk cinnamon to taste(optional)

Add 1/2-cup boiling water to oats; add bananas, currents, peanut butter, and milk.

Stir and enjoy